

CHART REVIEW AND CARE PLANNING

Before the campers arrive, prepare your cabin care plan. Review each camper's individual chart and become familiar with the camper's background, medical and social, his or her current medical program and any potential problem area or needs during camp. Develop a plan of care for your cabin group.

1. Obtain cabin assignment and cabin list.
2. Pull charts for your camper group.
3. Fill in missing information on the front of the chart
 - Compare medication information
 - Parent form
 - Medical form
 - Kardex
 - Medication cards
4. Allergies: be sure they are clearly marked in **RED** on front of chart
5. Make a list of the following:
 - Hospitalizations within the past 4 months
 - Food allergies
 - Horseback riding specifications
 - Birthday at camp
 - Special needs/ concerns (bedwetting, etc.)
 - Regularly scheduled nebs.
6. Information to be noted by cabin nurse
 - Asthma severity scale
 - Social and medical history including hospitalizations
 - Restrictions
 - Recent oral steroid use
 - Usual peak flow readings at home
7. Write any questions for and/or list anything that needs to be done at check in
 - Medication or treatment questions are written on the Camper Progress note
 - As questions are resolved, document on the camper progress note
 - Changes or inconsistencies in orders prior to check in should be directed to the health services director or pharmacy director.
8. Make a list of things to discuss with the counselor
 - Pull camper's letter to counselor sheets and give to counselor
 - Complete Quick Reference Card for counselor
9. Prepare cabin supplies
 - Water jug (label with cabin name) Refilled daily by campers
 - Plastic cups (one per camper, label with camper's name)
 - Peak flow chart for cabin
 - Posters: using an MDI, peak flow meter, PDI
 - Small ziplock bag for cups

10. Pharmacy will prepare camper individual medication bags

- Extra cups
- Tissues
- Tylenol
- Antihistamines
- Band-aids
- Tums
- Cough drops
- Clean wipes
- Paper pad
- Pen/pencil
- Stethoscope
- Flashlight
- Bug repellent for yourself
- Sunscreen for yourself
- Cabin Care Plan and Peak Flow Chart