

## FORMULARY

A formulary must be developed and reviewed by the planning committee to assure that essential medications are present at camp. The formulary can include a minimum of representative medications from a drug class. This will ensure that the number of medications will be kept at a manageable level. These medications are used for those children who did not bring an adequate supply to camp and for those children for whom a change in medication regimen has occurred at camp. Every effort must be made to limit the selection and quantity to those medications that adequately supply camp.

### Formulary review

Review the formulary annually to determine which additions and deletions must be made. The decision can be based in part on the historical usage pattern at camp. Keep a log of additional requested medications at camp.

### Post-camp inventory

At the completion of camp, count all formulary medications to determine what medications were used or required during camp. Dispose of all expired medications in an appropriate manner. For medication (i.e. inhalers) that will expire before next year's camp, distribute to those campers taking that medication.

## EXAMPLE OF A FORMULARY

BETA ADRENERGICS	STRENGTH
Proventil Repetabs	4mg
Albuterol inhaler	90mcg/puff
Albuterol neb solution	5mg/ml
Epinephrine injection	1mg/ml
Racemic Epi neb solution	1mg/ml
Terbutaline injection	1mg/ml
Ventolin Rotacaps & Rotahalers	200mcg/cap
Serevent inhaler	25 mcg/puff
Albuterol syrup	

STEROIDS	STRENGTH
Azmacort inhaler	200mcg/puff
Flovent inhaler	44, 110, 220mcg/puff
Hydrocortisone injection	250mg/2ml
Methylprednisolone injection	40mg/ml – 2ml
Prednisone tabs	10mg 20mg

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Pulmicort Turbuhaler	200mcg/puff
Beclovent or Vanceril inhaler	42mcg/puff 84mcg/puff (DS)
Vancenase Nasal inhaler	42mcg/puff
Beconase AQ or Vancenase AQ	42mcg/puff 84mcg/puff
Pediapred syrup	1mg/ml
Prelone syrup	3mg/ml
Nasacort AQ	
Rhinocort AQ	
Flonase	
Nasonex	

THEOPHYLLINE	STRENGTH
Slo-Bid Gyrocaps	50mg, 200mg
Theo 24	300mg, 600mg
TheoDur tabs	100mg, 200mg, 300mg
Uniphyl	400mg, 600mg
Aminophylline injection	250mg/10ml
Aminophylline bag	500ml
Slophyllin elixir	

MISC. (PULMONARY)	STRENGTH
Atrovent	Neb Solution 0.2% 18mcg/puff inhaler
Cromolyn or Tilade	Neb Solution (10mg/ml) 800mcg/puff inhaler

PAIN, FEVER	STRENGTH
Acetaminophen chew tabs	80mg
Acetaminophen tabs	325mg 500mg
Acetaminophen elixir	160mg/5ml 320mg/10ml
Ibuprofen chew tabs	100mg
Ibuprofen tabs	200mg
Ibuprofen liquid	200mg/5ml

GASTROINTESTINAL	STRENGTH
Activated charcoal	50mg

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Calcium carbonate tabs (Tums)	500mg
Imodium tabs	2mg
Maalox susp	
Maalox tabs	
Pepto-Bismol	
Syrup of Ipecac	
Milk of Magnesia	
Donagel	

EYE PREPS	STRENGTH
Fluor-I-strip	
Naphcon A	
Neosporin Opth ointment	
Sulamyd drops	10%
Visine	0.5%

EAR PREPS	STRENGTH
Auralagan	
Cortisporin Otic susp	

NOSE, THROAT	STRENGTH
Afrin 12hr nasal spray	0.05%
Cepastat/Cepacol throat lozenges	
Silver nitrate sticks	

ANTIBIOTICS	STRENGTH
Amoxicillin caps	250mg
Amoxicillin chews	250mg
Amoxicillin susp	250mg/5ml
Cefuroxime (Ceftin) tabs	250mg
Penicillin-VK tabs	250mg
TMP/SMX tabs	SS (80mg/400mg) DS (160mg/800mg)
Azithromycin tabs	250mg
Azithromycin susp	200mg/5ml susp
Augmentin chew tabs	250 mg
Augmentin susp	600mg/5ml
Augmentin tabs	500, 875 mg

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COUGH, COLD, ALLERGY	STRENGTH
Actifed (Triprolidine/Pseudoephedrine)	2.5mg/60mg
Bromfed (Brompheniramine/Pseudoephedrine)	4mg/60mg 12mg/120mg
Bromfed-PD (Brompheniramine/Pseudoephedrine)	6mg/60mg
Chlorpheniramine tabs	4mg
Claritin	10mg
Claritin-D	5mg/120mg(12hr) 10mg/240mg(24hr)
Diphenhydramine syrup	12.5mg/5ml
Diphenhydramine tabs	25mg
Diphenhydramine injection	50mg/ml
Hydroxyzine tabs	10mg, 25mg
Pseudoephedrine tabs	30mg
Zyrtec	5mg, 10mg
Zyrtec-D	5mg, 10mg
Allegra	60mg
Allegra-D	60mg, 120mg

TOPICAL	STRENGTH
Bactroban	2%
Calamine/Caladryl lotion	
Hydrocortisone cream	1%
Neosporin	packets 15mg tube
Triamcinolone	cream 0.1% ointment 0.1%
Nystatin cream	
Rubbing Alcohol	
Silvadine cream	
Miconazole cream	

MISC. (OTHER)	STRENGTH
Atropine injection	0.4mg/ml
D5W	500ml bag
D5W0.225NS	500ml bag
Dextrostix	#25
KCI injection	2mEq/ml
Lidocaine injection	1% (10mg/ml)
Magnesium Sulfate 50% injection	4mEqMg <sup>++</sup> /ml or 500 MgSO <sub>4</sub> mg/ml

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Narcan amps	0.4mg
Aerochamber	
Inspirease	
Peakflow meters	
Placebo inhaler	
Normal saline neb solution	
Bacteriostatic nace for injection	
Bacteriostatic water for injection	