

MEDICAL LAB TESTS

Two lab tests that could be useful at camp are a rapid blood theophylline level and a rapid strep test. Regulations established by CLIA now make it difficult to impossible to have these tests for use on-site at camp. The option of a CLIA-waived test is open, but may be cost prohibitive. Therefore, they are not recommended for standard camp supplies. The medical director should clarify with the parent questions about theophylline dose, recent levels, and symptoms of toxicity for an individual camper, before camp. A diagnosis of strep pharyngitis will need to be based entirely on the clinical picture.