

Medication Scavenger Hunt

Ages 9-14

Activity Objective:

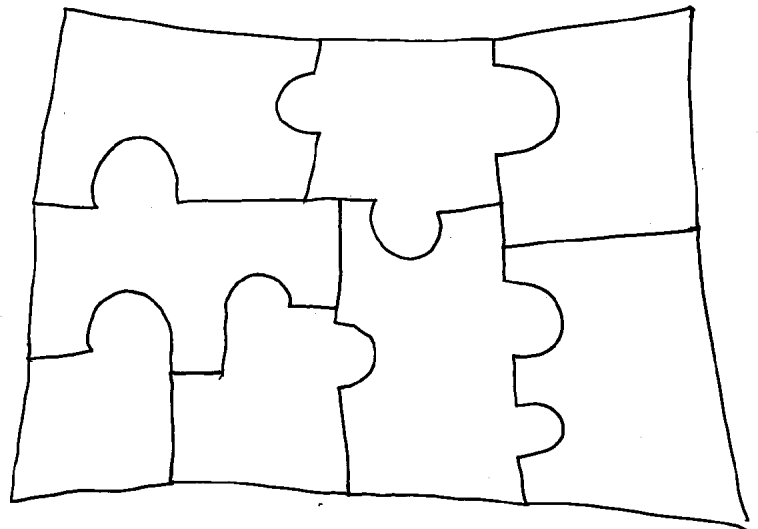
To gain understanding of the various asthma medications, side effects, actions, forms and categories.

Instructions:

- Group is divided in half and given a team color.
- Each team is given 8 cards that have a list of information about a type of asthma medication. They need to pick a card and guess what type of medication it is. (See game cards on page 34.)
- Puzzle pieces are hidden throughout camp. Written on each piece is the answer.
- They then are given a list of clues, which direct them to the location where the puzzle piece is hidden.
- At each location there are two puzzle pieces; one for each team. They are color-coded for each team as well.
- The finished puzzle can be a picture of an inhaler, lung, respiratory system, or could be a message. (ie, Stay in charge of your asthma, asthma medication keeps you in control, etc.)
- Each team can begin at any place.
- Designate a meeting time and place for finish of game.
- Each team puts their puzzle pieces together at final hunt location.
- The first team that puts their puzzle together successfully and identifies the puzzle wins.

Materials Needed:

- Puzzle pieces
- Game cards
- Scavenger locations
- Puzzle design



1. Puzzle Piece Answer:
Theophylline

Game Card 1

Medication action – Relaxes smooth muscle bands around bronchial tubes, long-acting bronchodilator, a long-term control medication.

Medication form – liquid, tablet, capsule

Brand names – Aerolate, Quibron, Respid, Slobid, Slophylline, Theodur, Theolair, Theo 24 Uniphyll

5. Puzzle Piece Answer:
Oral Corticosteroid

Game Card 5

Medication action – Decreases inflammation of airways; long-term controller (may also be considered a rapid reliever in special circumstances ie, emergency room).

Medication form – oral, syrup, tablet

Brand names – Decadron, Deltasone, Dexamethasone, Liquid Pred, Medrol, Orasone, Pediapred, Prednisolone, Prednisone, Prelone

2. Puzzle Piece Answer:
Beta2 Agonist (Short-Acting)

Game Card 2

Medication action – Relaxes smooth muscle bands around bronchial tubes; short-acting bronchodilator; quick-relief medication.

Medication form – liquid, tablet and MDI inhaler

Brand names – Albuterol, Alupent, Brethine, Bronkosol, Maxair, Proventil, Tornalate, Ventolin, Xopenex

6. Puzzle Piece Answer:
Inhaled Corticosteroid

Game Card 6

Medication action – Decreases inflammation of the airways; a long-term control medication.

Medication form – MDI inhaler

Brand names – Aerobid, Azmacort, Beclovent, Flovent, Pulmicort turbuhaler, Vanceril

3. Puzzle Piece Answer:
Beta2 Agonist (Long-Acting)

Game Card 3

Medication action – Relaxes smooth muscle bands around bronchial tubes; long-acting bronchodilator.

Medication form – MDI inhaler and Diskus

Brand names – Serevent

7. Puzzle Piece Answer:
Leukotriene Receptor Antagonist

Game Card 7

Medication action - Long-term control medication, inflammation in the bronchial tubes is treated and prevented.

Medication form - tablet, chewable tablet

Brand names - Singulair, Accolate

4. Puzzle Piece Answer: Beta2 Agonist
(Short-Acting and Long-Acting)

Game Card 4

Medication action – Relaxes smooth muscle bands around bronchial tubes; short-acting & long-acting bronchodilator.

Medication form – Dry powder inhaler

Brand names – Foradil

8. Puzzle Piece Answer:
Corticosteroid and Beta2 Agonist

Game Card 8

Medication action – Decreases inflammation in the airways and is a long-acting bronchodilator; a long-term controller.

Medication form – Diskus inhaler

Brand name – Advair