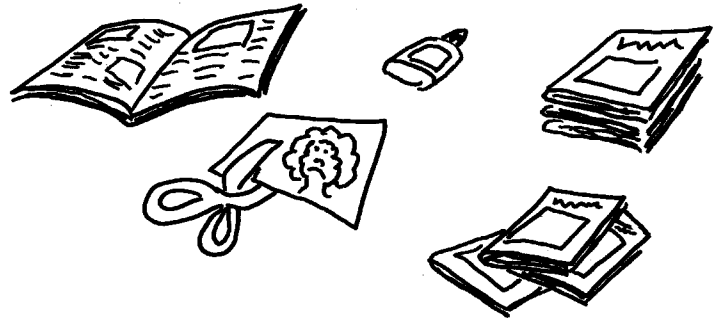


Feeling Collage

Ages 6-14

Activity Objective:

This activity allows children to express the numerous feelings they have about having asthma in collage format.



Instructions:

- Group members are given magazines, large drawing paper or poster board, scissors and glue.
- Group members are instructed to cut out pictures that describe how they feel about having asthma.
- Pictures are glued onto their poster board in order to create a collage.
- The final collage is shared with the group.

Materials Needed:

- Large drawing paper or poster board
- Scissors
- Magazines
- Pens
- Glue