

Definitions

Types of Camp Formats

There are a number of camp formats available for children with asthma. Three of the prominent types include: Day camps, Residential or Overnight camps and Mainstream camps, where children with asthma are integrated with children without asthma. Regardless of the format, the goals and recommendations for medical care remain the same.

Day Camp – In these camps, children spend evenings at home but attend an organized camping program during the day.

Residential/Overnight Specialty Camp – This is the most common type of camp for children with asthma. These vary in format. In many asthma camps, children with asthma participate as a group in their own camping program. They either occupy a campsite for one to two weeks, or they utilize a portion of a larger campsite but do not integrate into the daily routine of the campers without asthma.

Mainstream Camp – This format integrates children with asthma into a routine camping experience. The children with asthma are integrated into groups of campers without asthma. They do have special times set aside for medical evaluation and asthma education. However, their recreational activities take place alongside the campers without asthma.