

## **BEDTIME ASSESSMENT AND CARES (optional)**

The primary nurse is expected to make a brief assessment of each camper at bedtime and to treat as necessary. The goal is to decrease episodes of nighttime wheezing/cough.

### **Procedure**

- Obtain and record peak flow on appropriate form.
- Assess lung function and any other health concerns.
- Administer medications.
- Treat campers in the cabin when possible with each camper's PRN medications or with the standing order medications. If necessary, bring the camper back to the health service. Do not keep the cabin up late treating one/two campers.
- Document peak flow, lung assessment, any PRN medications administered or special problems.
- Place completed bedtime assessment label in chart on cardstock divider, in order
- Campers who have needed two or more PRN medications in a day should be reviewed at medical rounds