

FORMULARY

A formulary must be developed and reviewed by the planning committee to assure that essential medications are present at camp. The formulary can include a minimum of representative medications from a drug class. This will ensure that the number of medications will be kept at a manageable level. These medications are used for those children who did not bring an adequate supply to camp and for those children for whom a change in medication regimen has occurred at camp. Every effort must be made to limit the selection and quantity to those medications that adequately supply camp.

Formulary review

Review the formulary annually to determine which additions and deletions must be made. The decision can be based in part on the historical usage pattern at camp. Keep a log of additional requested medications at camp.

Post-camp inventory

At the completion of camp, count all formulary medications to determine what medications were used or required during camp. Dispose of all expired medications in an appropriate manner. For medication (i.e. inhalers) that will expire before next year's camp, distribute to those campers taking that medication.

EXAMPLE OF A FORMULARY

BETA ADRENERGICS	STRENGTH
Albuterol inhaler	90mcg/puff
Albuterol neb solution	5mg/ml; 0.083% ampules
Levalbuterol inhaler (Xopenex)	45 mcg/puff
Levoalbuterol inhal solution (Xopenex)	0.31, 0.6, 1.25 mg per ampule,
Epinephrine injection	1mg/ml
Terbutaline injection	1mg/ml
Salmeterol inhaler (Serevent)	25 mcg/puff
Formoterol (Foradil) Aerolizer	12 mcg.puff
Albuterol syrup	2 mg/5 ml

CORTICOSTEROIDS	STRENGTH
Fluticasone inhaler (Flovent)	44, 110, 220 mcg/puff
Fluticasone Discushaler (Flovent)	50, 100, 250 mcg/puff
BDP inhaler (QVar)	40 mcg, 80 mcg/puff
Ciclesonide inhaler (Alvesco)	40 mcg, 80 mcg/puff
Mometasone Twisthaler (Asmanex)	110, 220 mcg/puff
Budesonide Turbuhaler (Pulmicort)	90, 180 200mmcg/puff
Prednisone tabs	5, 10, 20 mg

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Prednisolone syrup (Pediapred)	1mg/ml
Prednisolone syrup (Prelone)	3mg/ml
Triamcinolone (Nasacort AQ) nose spray	55 mcg/spray
Budesonide (Rhinocort AQ) nose spray	32 mcg/spray
Fluticasone (Flonase) nose spray	50 mcg/spray
Mometasone (Nasonex) nose spray	50 mcg/spray
Ciclesonide (Omnares) nose spray	50 mcg/spray
Methylprednisolone injection	40mg/ml – 2ml

COMBINATION	STRENGTH
Salmeterol/fluticasone (Advair) Discus	50, 110, 250 mcg/puff
Salmeterol/fluticasone (Advair) inhaler	45, 115, 230 mcg/puff
Formoterol/budesonide (Symbicort)	80, 160 mcg/puff
Formoterol/mometasone (Dulera)	100, 200 mcg/puff

MISC. (PULMONARY)	STRENGTH
Ipratropium (Atrovent) inhaler	18 mcg/puff inhaler
Ipratropium (Atrovent) nebulizer solution	Neb Solution 0.2%
Albuterol/ipratropium inhaler (Combivent)	90 mcg/18 mcg/puff
Albuterol/ipratropium ampules (Duoneb)	3.0 mg/0.5 mg per ampule

PAIN, FEVER	STRENGTH
Acetaminophen chew tabs	80 mg
Acetaminophen tabs	325 mg 500 mg
Acetaminophen elixir	160 mg/5ml 320 mg/10ml
Ibuprofen chew tabs	100 mg
Ibuprofen tabs	200 mg
Ibuprofen liquid	200 mg/5ml

GASTROINTESTINAL	STRENGTH
Activated charcoal	50 mg
Calcium carbonate tabs (Tums)	500 mg
Imodium tabs	2 mg

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Maalox susp	
Maalox tabs	
Pepto-Bismol	
Syrup of Ipecac	
Milk of Magnesia	
Donagel	

EYE PREPS	STRENGTH
Fluor-I-strip	
Visine	0.5%
Naphcon A	
Sulamyd drops	10%
Neosporin Opth ointment	
FML eye drops	
Pred-Mild eye drops	

EAR PREPS	STRENGTH
Cipro HC Otic	
Cortisporin Otic susp	
Auralagan	

NOSE, THROAT	STRENGTH
Afrin 12hr nasal spray	0.05%
Cepastat/Cepacol throat lozenges	
Silver nitrate sticks	

ANTIBIOTICS	STRENGTH
Amoxicillin caps	250 mg
Amoxicillin chews	250 mg
Amoxicillin susp	400 mg/5ml
Cefuroxime (Ceftin) tabs	250 mg
Penicillin-VK tabs	250 mg
TMP/SMX tabs	SS (80 mg/400 mg) DS (160 mg/800 mg)
Azithromycin tabs	250 mg
Azithromycin susp	200mg/5 ml susp
Augmentin chew tabs	250 mg
Augmentin susp ES	600 mg/5 ml
Augmentin tabs	500, 875 mg
Keflex tabs 500 mg	250 mg, 500 mg

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COUGH, COLD, ALLERGY	STRENGTH
Actifed (Triprolidine/Pseudoephedrine)	2.5 mg/60 mg
Bromfed (Brompheniramine/Pseudoephedrine)	4 mg/60 mg 12 mg/120 mg
Bromfed-PD (Brompheniramine/Pseudoephedrine)	6 mg/60 mg
Chlorpheniramine tabs	4 mg
Claritin	10 mg
Claritin-D	5 mg/120 mg(12hr) 10 mg/240 mg(24hr)
Diphenhydramine syrup	12.5 mg/5 ml
Diphenhydramine tabs	25 mg
Diphenhydramine injection	50 mg/ml
Hydroxyzine tabs	10 mg, 25 mg
Pseudoephedrine tabs	30 mg, 60 mg
Zyrtec	5 mg, 10 mg
Zyrtec-D	5 mg, 10 mg
Allegra	60mg
Allegra-D	60 mg, 120 mg
Guafenesin with DM (Robitussin DM) liquid	
Guafenesin with codeine elixir (Robitussin with codeine)	

TOPICAL SKIN	STRENGTH
Bactroban	2%
Calamine/Caladryl lotion	
Hydrocortisone cream	1%
Neosporin	Packets, 15 mg tube
Triamcinolone	cream 0.1% ointment 0.1%
Nystatin cream	
Rubbing Alcohol	
Silvadine cream	
Miconazole cream	

MISC. (OTHER)	STRENGTH
Atropine injection	0.4 mg/ml
D5W	500 ml bag
D5W0.225NS	500 ml bag
Dextrostix	#25
KCI injection	2 mEq/ml
Lidocaine injection	1% (10 mg/ml)

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Magnesium Sulfate 50% injection	4 mEqMg ⁺⁺ /ml or 500 MgSO ₄ mg/ml
Narcan amps	0.4 mg
Aerochamber spacer	
Inspirease spacer	
Peak flow meters	
Placebo inhalers	
Normal saline neb solution	
Bacteriostatic water for injection	